

Ehlers-Danlos症候群における 慢性疼痛・精神疾患：文献レビュー

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Chronic pains and psychiatric diseases of Ehlers-Danlos syndrome: A literature review

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Abstract

Background : The Ehlers-Danlos syndrome(EDS) comprises a group of weak connective tissue diseases characterized by triad of joint hypermobility, skin extensibility, and skin-vascular fragility which present prismatic symptoms including multiple chronic pains. Patients of undiagnosed EDS are often deemed as presenting medically unexplained symptoms.

Purpose : To clarify current understanding of mechanism and epidemiology of chronic pain and psychiatric disorder of EDS.

Methods : Non-systematic review of literature concerning EDS.

Results and discussions : EDS presents chronic musculoskeletal pains as well as headache, chest pain, and abdominal pain. It evokes rare but lethal acute pain derived from visceral emergencies. The hEDS subtype which is making up a majority of EDS has severe chronic pain often complicated with rheumatic diseases. Though a variety of treatments are used for chronic pain of EDS, their efficacy and effectiveness are still not established. As EDS often has concomitant psychiatric diseases such as depression and anxiety disorders, those cases frequently bear chronic pain.

Key words

weak connective tissue diseases, medically unexplained symptoms, intractable diseases

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