

ヘルシンキ宣言2013年改訂の採択

— 石井正三日本医師会常任理事インタビュー —

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Adoption of the 2013 revision of the Declaration of Helsinki — Interview with Dr. Masami Ishii, Executive Board Member of the Japan Medical Association —

Masami Ishii

Executive Board Member, Japan Medical Association

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インタビュー 栗原千絵子*²

Abstract

The 2013 revision of the Declaration of Helsinki was adopted at the General Assembly of the World Medical Association (WMA), held in Fortaleza, Brazil from 16 to 19, October 2013. The Declaration of Helsinki was first adopted at the General Assembly of WMA in Helsinki, Finland in 1964 as the principles for medical research involving human subjects and next year celebrates its 50th anniversary.

Dr. Ishii has contributed to this revision as a member of WMA's workgroup, as a delegate of the Japan Medical Association (JMA). He explained how it was a hard task for the group to develop consensus, and when they had successfully reached consensus just next day of the Expert Conference on the revision of the Declaration of Helsinki held in Tokyo, February 28 and March 1, for the preparation of draft for public consultation, they gave applause for their intensive collaborative work. At the final process just before the adoption, there was a proposal from delegates of developing countries that too much emphasis on ensuring additional benefits to the developing countries is not desirable, therefore, some of the proposed sentences on this point were deleted.

Dr. Ishii has also contributed to keep the important words "professional autonomy" in other declarations of WMA, as it is a key concept of the activities of the JMA. He regards that professional autonomy is a core concept of ethical guidelines and it also works for physician's self-regulated behavior for providing the best care for the patients and for the people.

Key words

Declaration of Helsinki, ethical principles of medical research involving human subjects, vulnerable groups, professional autonomy

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